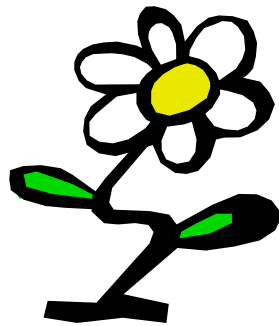


**It's All About  
You, Girl!**



**SOROPTIMIST  
FOUNDATION OF CANADA**



**SOROPTIMIST**  
Best for Women

# Tuning Into Our Teens

## Girls' & Parents' Conference

**H.D. Stafford Secondary School**

**20441 Grade Crescent, Langley**

**October 14<sup>th</sup>, 2006**

**8:30 Registration 9:00am ~ 3:00pm**

**Adults: \$10 Girls: Priceless**

**Karen Lee  
Batten**

**DOOR PRIZES include:**  
• One eight-week Professional  
Development Program at  
PIZZAZZ INTERNATIONAL!

**Dove**

**save on foods**  
SO MUCH MORE IN STORE

**The Langley  
Times**

*A full-day conference focused on adolescent girls, their parents (both moms and dads), caregivers, teachers, mentors ~ connecting, communicating and exploring social issues affecting all of us. ALL NEW WORKSHOPS.*

***Girls!** Bring your friends! Find out "how you can be the best you can be" ~ make an easier transition from elementary to high school and beyond.*

***Parents!** Explore strategies to keep those doors of communication open between your teen and yourself.*

*New workshop topics include: assertiveness and self esteem; conflict resolution; lifestyle alternatives ~ healthy eating & healthy bodies, healthy sexuality; plus dealing with addictions.*

*Guest speakers ~ **Langley RCMP Superintendent Janice Armstrong and Gabrielle Star**, event organizer of **Night to Light Walk***

*Keynote speakers ~ **Mr. Keith Pattinson** and **Olympic Bronze Medalist Lynn Kanuka***

*The first 100 girls to register will receive a floating cubic zirconia necklace. AND . . . **Karen Lee Batten**, a Canadian Idol finalist, will visit at lunch time to sing a few of her songs and autograph some CDs!*

**Presented by ~ Soroptimist International of the Langleys**

[www.soroptimist.org](http://www.soroptimist.org)

[www.wcsoroptimist.org](http://www.wcsoroptimist.org) (Western Canada website)

**TO REGISTER: EMAIL** your name, address & contact info to [tiotlangley@hotmail.com](mailto:tiotlangley@hotmail.com)  
or **CALL** one of these numbers: (604)530-4816, (604)539-7277, (604)888-9409, or (604)534-1798

SI of the Langleys gratefully acknowledge the support of the BC Gaming Commission, School District #35, plus the City and Township of Langley!